

## REDEFINING EDUCATION IN PANDEMIC

Special Edition



### Ms. Aarati Savur CEO, Parisar Asha

# From the CEO'S DESK

'C' Positive in the new normal!

Today the word 'Positive' is a little scary, because we are all living in the fear of being affected by the virus Corona. Being Corona positive is the most threatening thing in today's time. But is it possible to still 'C' rather 'See' Positivity during this pandemic? Being positive just does not mean pretending that everything is fine rather changing the perspective to see good in everything. I, too, have experienced both sides of the same coin, where I have witnessed the negatives as well as experienced the positives.

The entire world has come to a standstill because of a virus that has overpowered the super humans and it is time to reflect on the power of the Almighty Creator. While social distancing has become the new normal, it's time to connect emotionally with each other. While the economy is struggling every day for bare sustenance it's time to redefine our life. When you can't go out it's time to introspect and reinvent yourself! When you are worried about uncertainties, this is the right time for creativity, because unpredictability is the source of creativity!

This is exactly what we did at Parisar Asha! Even in these grim times, we have stood tall, true to our name, 'Hope for the Environment'. I am glad that in the past 8 months of lockdown we were not only hopeful for ourselves but we managed to bring back hope in many lives.

Overall, I feel this pandemic has given all of us a new perspective to look at life through a different lens. We don't know what is in store for us for tomorrow but my success mantra is to seize the day, practice the attitude of gratitude and cherish the joy of giving.

Enjoy reading our annual newsletter 'Ujjwal' in its 'new normal' format, which documents all the inspirational projects conducted by Parisar Asha, during this pandemic, for you to cherish and draw upon for inspiration.





Ms. Sridatta Gupta Sr. Program Manager Parisar Asha



Dear Readers.

After the pandemic has hit us, life has been thrown to misery. The magnitude of our loss is enormous and the list is unending. I don't want to get into reviewing that list because it is at the open. What I want to highlight upon, are the blessings which we received unintendedly during this outbreak.

Hope is the biggest blessing of all. Right now, the entire world is united in this battle of fighting against COVID1-9. The main driving force is Hope. Countries are collaborating with each other for medical breakthroughs which is helping in creating greater bonds of humanity. Similarly, 'HOPE' is the fuelling force which drives Parisar Asha to march ahead, crushing all impediments and come out victorious.

We did taste the initial set backs but we soared high with our dint of determination and again came out as an absolute winner in our mission of improving lives.

In the past few months, we have been working relentlessly and have rolled out some ground-breaking initiatives. which created a strong statement in itself that we are unstoppable. While hope kept the fire alive, we were blessed to have a passionate and dedicated team who supported us in this time of crisis. While we count our blessings, we can't forget all the students, parents, teachers, our partners, patrons and well-wishers who showed immense faith in us and supported us in all our endeavours.

Blessings came in all forms starting with encouragement, support, inspiration, ideas out of the box and most importantly the hunger to make ends meet in these dire circumstances. This special edition is chronicling all those stories which narrates our journey of touching lives and bringing out a difference. We want our readers not to ponder into the hardships of our journey but to gain hope and joy from the success of each story which made it possible for us to make lives better during these times.

Situations remain the same. It depends on us, whether we want to perceive it in the veil of melancholy or in the sunshine of joy. One thing is for sure, we at Parisar Asha always choose the latter one and inspire others to do the same.

With the slice of this joy and hope we present to you our new edition of Ujjwal.

Happy Reading while you stay at home and stay safe.



# The BOARD of TRUSTEES





#### Dr. Noel J. de Souza, President

Consultant in Pharmaceutical R&D, Innovation and Intellectual Property. He was educated at the Bombay University (Ph.D., Organic Chemistry) with postdoctoral associateships at Drexel Institute of Technology, Philadelphia, U.S.A. and the University of Liverpool, England. He is also an alumnus of the International Management Institute, Geneva, Switzerland.



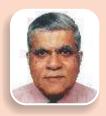
#### Mr. Hansel D'Souza, Member

He heads a brand consultancy and has helped build over 30 brands. He is a visiting Professor of Management Studies at numerous prestigious institutions in India and abroad. Mr D'Souza is also a Corporate Coach and has travelled widely around the world conducting seminars and workshops on Marketing and Soft Skills.



#### Mr. Charles de Souza, Member

He has a wholesome experience in designing and developing computer based library applications for medium sized libraries which have been implemented in several schools and private companies in Mumbai.



### Mr. Eugene Peres, Hon. Secretary

He has over 29 years of experience in Customer Service and Relationship Management. His last engagement was with Citibank N.A for over 16 years, in Consumer and Retail Banking, end-to-end servicing of Retail Mortgage customers, Client Acquisition and Customer Relationship Management, Legal Credit Card Collections, Management of IPO's, Retail Demat Operations, Citiphone Banking, Setting up Back-end Clearing Operations for Corporate and Retail Consumer banking.



#### Mr. Siddharta Prakash Desai, Member

Mr. Desai is a technocrat and an entrepreneur with major achievements in the field of Oil and Gas for the last 20 Years. He is leading an organisation with over 150 work force. His academic excellence in the past and thirst for developing innovative methods in education has amalgamated at "Parisar Aasha".

### The Honorary Advisory Members



Deepti Naval
Deepti Naval is an Indian actor,
who has worked in over
70 Hindi films. She is also a brilliant writer
and a painter.



Lancelot D' Souza

He is a management guru at global level.

He works as a consultant for FMCG and a B2B business.

He is currently pursuing his Ph.D. in Marketing from Mumbai University.



**Prof. Niteen Keny**Ex-Dean & Faculty of Fine Arts- Mumbai University
Ex-HOD- Dept of Arts & Crafts, SirJ.J School of Arts, and
Maharashtra State Award Winner.



Rekha Shahani
She has been in the field of education due to her love for children and she is very passionate about her vocation. She is the trustee of SBSS, which runs institutions like Kamla High School and allied institutes.



**Dr. Pawan Sudhir**Dr. Pawan Sudhir is Professor & Head of the Department of Education in Arts and Aesthetics,
National Council of Educational Research & Training (NCERT), Delhi, India.



**Dr. Sonali Geed**She is the Academic Director with TIPS group of schools since 2011. She is an experienced educator, working in the field of curriculum development, faculty training and teaching for the IB, CBSE, IG, Cambridge Boards.



**Dr. Trisha Sen**Dr. Sen is the Senior Vice President and Head of Education at Hubble Innovations.

Education at Hubble Innovations.
Dr. Trisha Sen was the Head of Education at Aga Khan Education Service, India. It is a part of the international AKDN-AKES network, which has over 250 schools across Asia and Africa. Dr. Trisha Sen received her Ph.D. in International and Comparative Education from Emory University, USA. She holds an MEd in Social Foundations of Education from the University of Florida, USA and a BEd and a BA (Honors) in Economics from the University



Dr. Kersi Chavda

Dr. Chavda was the past president of the Bombay psychiatric society. He was the Chairperson of the task force of the Indian psychiatry society dealing with school psychiatry and counselling. He is on the panel of the task force of the Indian psychiatry society dealing with ethical boundaries between doctors and patients. He is the chairperson of the IPS Taskforce dealing with issues relating to the LGBTQ population. Currently he is the consultant psychiatrist at the PD Hinduja National hospital at Mahim, the Hinduja healthcare hospital at Khar and the Sir Hurkisondas Reliance Foundation Hospital at Prathana Samaj.



Dr. Samir H Dalwai

He is a developmental & behavioural paediatrician and the recipient of the Government of India's Rajiv Gandhi Manav Sewa Award for Services to Children-2012. He is the National Chairperson of the Chapter on Developmental Pediatrics, IAP and President 2016 of the Indian Academy of Pediatrics - Mumbai. He is the Founder-Director of New Horizons Child Development Centre, He is a member of the Expert Panel of the Maharashtra State Commission for the Protection of Child Rights.



Ram Maheshwari

Mr Maheshwari was the Director at TIMES OF INDIA. Apart from the managerial responsibilities, he was also heading the TIMES FOUNDATION under the leadership of well known philanthropist, Mrs Indu Jain, Chairman TIMES GRP. He has subsequently taken up challenging roles at the Director of SP Jain Institute, Director of NMIMS and Director of Thadomal Shahani Group. He has recently started working towards the revival of WMPP (Women's Movement for Peace and Prosperity), launched by Times Foundation, earlier.



Dr. Jaya Gupta

Dr. Jaya Gupta is an Associate Professor in Organizational Behavior and Human Resource Management at Birla Institute of Management Technology, (BIMTECH), Greater Noida. She is an MBA with specialization in Human Resource Management and UGC-NET qualified. She has a PhD in the area of High Performance Work Practices.



Monika Korber

Ms. Korber is a University Lecturer,Phd., MA pth. BA , from Vienna, Austria. She is a practioner in Psychotherapy, Mediation, Coaching Family Therapy and Life Counselina.



Ashwini Kalsekar

Ashwini Kalsekar is an Indian actor who has won many accolades for her outstanding performances in films, and theatre.



**Mohit Mohnani** 

He runs Vivekanand Institute of Hotel & Tourism Mgt.,an AICTE approved institute at Rajkot, Gujarat, since the past 17 years, and is also running Vivekanand Institute of Management at Ahmedabad, since the last 3 years.



Rahul Jyotindra Urunkar

(Africa Co-ordinator)

He holds an MBA in marketing, with 25 years of experience in the Construction industry. He's a socially active entrepreneur, technocrat and a very well-respected personality in Nairobi.



**Aftab Ahmed** 

(UAE Coordinator)

Mr. Ahmed is a corporate professional with over 23 years of track record in diversified industries. He has worked in Sales, Marketing, Strategic Management, Planning, Procurement, Retail, B2B, B2C & Distribution, etc. He has worked in leading management firms (Human resources, Market research, Retail Services, Business set up and other Business consulting projects). He is presently managing HR, marketing and management functions in Ace Management Concepts.



**Dilawar Dalwai** (UAE Coordinator)

Dilawar Dalwai is the founder and C.E.O of Al Mahir Printing Equipment

Trading located at Sharjah, U.A.E. For the last 2 decades, he has grown his business by developing valuable partnerships with people of all industries. With the same passion, he likes to involve himself in a variety of social and non-profit activities, especially those related to providing education to the needy and empowering women. Mr. Dilawar is currently the founder and chair member of many Maharashtra based organizations and hopes to contribute his maximum towards the betterment of society.

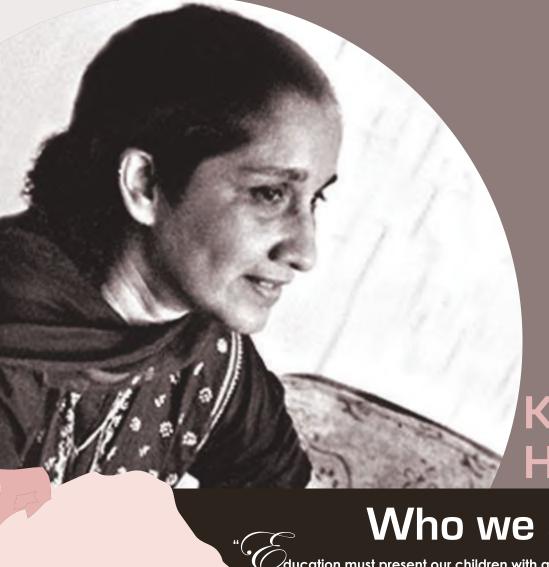
## Nurturing Lives Beyond COVID-19

COVID-19 outbreak in the month of March'20 which was a nightmare to humankind, bringing life to a standstill. These unprecedented times have ascertained one fact, that human power is subservient to the powers of nature. Lives have been ravaged, people have become homeless, the economy has seen a major downslide, education has had a major setback; in one-word, human civilization is in shambles.

In these precarious times, humanity is losing its hope and is being slowly pushed to the brink of frustration and devastation. Lack of social integration, due to long standing lockdown, is affecting strongly human spirits. This reflects strongly in the spike seen in mental health cases, substance abuse and domestic violence. To top it all, the basic foundation which nurtures human life, i.e. education has been shaken from its roots. Schools, colleges and other educational institutions have come to a standstill. In this 'new normal' students are learning to cope with the new medium of online education. Uncertainty is the only constant which is currently playing on the human mind. But can we let it conquer our spirits? This is a question on which we need ponder. Parisar Asha guizzed out this guestion which is running in millions of minds. We saw the increasing disappointment and growing irritation among the people in society. This observation ignited new passion in Parisar Asha and led us to embark on a journey, of nurturing lives, especially during this pandemic.

We have been working on various initiatives which enabled us to transform lives. These ranged from educational to enrichment and mental health. During this journey we received immense support from our partners, patrons and well-wishers. We hope to continue our mission of transforming lives during these difficult times and work towards building a better world.





Keeping the **Hope Alive** 

### Who we are...

ducation must present our children with a gift that offers the wonders of exploratory learning, the confidence that comes from building one's discovered strengths, the hope that comes from seeing, the problems, when faced, rather than feared, become challenges for creative solutions; most of all, a way of life "

- Late Gloria De' Souza , Founder, Director, Parisar Asha

Parisar Asha, Environmental Education Centre, introduced modern experiential education that encouraged students to think and solve problems, instead of rote learning. Since 1982, this non-profit, registered Public Trust (Reg. No. F 14364, B.P.Trust Act), is serving the society through its unique learning approach 'ESAL'- 'The Environmental Studies Approach to Learning', that provides a joyful, holistic, child-centric and quality education to create positive, sensitive and successful global citizens. In the academic year 2019-20, Parisar Asha has touched thousands of students from private and government schools, pan India.

> Over the years, Parisar Asha's reach:

3200 Schools 2,70,000 Teachers 14,00,000 Students 42,10,000 Families

"Education through the Environment for the Environment." Gloria de Souza

# Educational Initiatives :



### Powering Education through Eco-tech Digital Resource Centre:

"A man's mind, stretched by new ideas, may never return to its original dimensions."

Oliver Wendell Holmes Jr.

After the pandemic has hit us, we have realised that education is one of the human development pillars which has been affected severely and schools have been struggling to cope with the situations. The entire school system is going through a difficult phase and facing numerous challenges. Efforts are now directed towards continuing education and providing access to all our teaching-learning materials, especially during the pandemic outbreak.

Hence, we launched our Eco-tech Digital Resource Centre. This is a digital knowledge sharing platform, which provides access to all teachers, students and even our parents to all the teaching- learning materials which they are missing out, due to the non-physical classroom situations. We strongly believe this will break all geographical barriers and ensure continuation of education.

Distribution of Students' Learning material, observing the COVID-19 Precautions:

While we migrated to the digital platform, we have also kept the sanctity of our original program intact, by distributing the hard copies of our students' learning materials to our partner schools, by observing the COVID-19 precautions. We took these special efforts so that children can continue their education sitting at home with the aid of our learning materials.

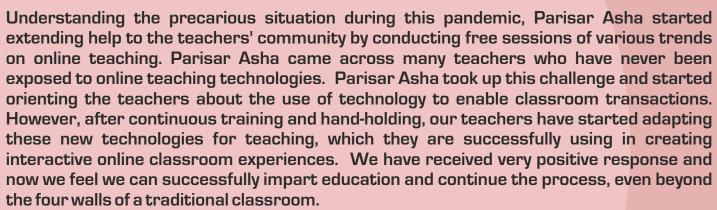
### Introduction of Home-based learning Materials:

While the school education was completely stunted, we had to come up with quick solutions. Our Academic Team started working on home-based learning resources which we started sending to the schools to be further given to the students. These new learning resources were meant for children's practice and reinforcements.



# Educational Initiatives :





In short span of 3 months, we have conducted 47 training programmes.

### **Online Mentoring Sessions:**

While the schools started slowly adapting to the new digital mode of learning, the teachers needed continuous hand holding to adapt to this new teaching mode and equip themselves with new teaching techniques. Hence, Parisar Asha's expert mentoring team started conducting regular mentoring sessions with the teachers of the associated schools to help them overcome the impediments. These sessions are being used to train the teachers to effectively conduct the regular classes and sessions.



### ENRICHMENT PROGRAMME

# Reading Club (FREE for all ) to Increase Language Proficiency of Children



Language is a vital part of human connection. It has the power to build societies, but also to tear them down. While the countries are being shrunk to one global village, it becomes important to master the English language. Children, especially those hailing from the marginalised section, find communicating in English a daunting task with their strong vernacular foundations. This gap is all the more increasing, as the children are not attending their regular classes. In order to counter this, we started free reading clubs for two age groups - 7 to 10 years and 11 to 14 years. This club is conducted by our language experts aimed at inculcating the reading habit among children which is somewhere getting lost due to the heavy insurgence of the digital media. The efforts are also directed at improving language skills and we have seen stark difference among children, two months after they joined the club. Till now, we have reached out to more than 437 students.



# ENRICHMENT PROGRAMME

### Online Visual Art Club



We believe creativity and innovation is the key to achieve success in the 21st century. Visual Art is one strong medium which enhances creativity, critical thinking and provides opportunities to children to perceive, respond and communicate openly. This power, once gained, can enable the children to apply this experience throughout their lives boosting their emotional quotient.

A happy beginning to this journey is that, now the National Education Policy is emphasizing on the same and is in the process of introducing an inter-curriculum approach where art will be given equal status as that of other subjects. Parisar Asha has always practised the integration of art into mainstream curriculum which led it to initiate a unique art club for all age groups, during the lockdown period. Since the month of June, we started rolling these sessions for children and adults. In every session we teach the participants a unique art technique and also various national and international art forms. Till date, we have conducted 32 sessions, imparting the knowledge of these unique art forms to 384 participants.



# ENRICHMENT PROGRAMME

### **Online Performing Arts Club**

Three months back, we conceived the idea to start an Online Speech & Drama Club, to help children get back to the buzz of their enrichment classes in their schools and support their development. The Speech & Drama Club focused on improving and developing concentration, communication, creativity, critical thinking, body language, speech, diction, dialogue, expressions, attitudes, values and overall personality development. We started rolling out these sessions from the month of June. We have seen immense development in children who enrolled for these sessions and they were delighted to be part of these sessions. Till date we have rolled out 12 sessions training 25 children in this unique art form.



### ENRICHMENT PROGRAMME

### Planet After Pause - An Online Art Competition

Parisar Asha, in association with the students Jamnalal Bajaj Institute of Management Studies, rolled out an online art competition to usher cheer and joy in the lives of the denizens of India during the lockdown period. The competition was open for age groups 3 years to 60 years and above. We received more than 430 entries. The competition culminated in a grand online ceremony, in the presence of our esteemed panel of judges. The winners were awarded the prizes in this online prize distribution ceremony. The event was extremely successful and what added to the joy of this initiative was the participation from the senior citizens group and their experiences chronicling their happiness when they received the opportunity to participate in this event.



#planetafterpause

Stay Home - Stay Safe - Stay Creative

# ENRICHMENT PROGRAMME

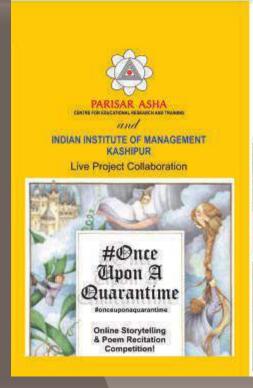
## Once Upon a Quarantime - An Online Storytelling & Poetry Recitation Competition

We conceived this initiative in the month of March'20, after the lock down was declared, to provide opportunities to all creative souls to use their time meaningfully and unleash their talents. This competition was rolled out in collaboration with the students of IIM Kashipur. The competition was open for age groups 3 years to 60 years and above. We received more than 458 entries. A grand online prize distribution ceremony was arranged in the presence of the esteemed judges, the winners and other dignitaries.





Ms. Aarati Savur







Ms. Kavita Amarjeet
Actor, Theatre Professional

Ms. Kavita a very versalist hally and a Thodre
or features She Sas have confacting features workshop
all ever Markaci for the real 15 years.

Ms. Priya Tiwari
Pre-Primary Mentor and
Training Expert, Parriar Ashu
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# **ENRICHMENT**PROGRAMME

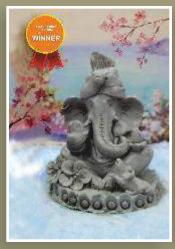


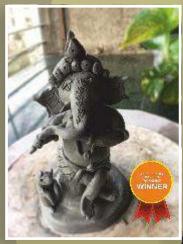
### Online Eco-friendly Ganpati Workshops

While the world has been shrouded in dark times and the wrath of COVID-19 is taking millions of lives, we felt a greater need to intensify the solidarity among the citizens of India and what better way than celebrating the Ganpati festival. However, while the situations are tough and with the norms of social distancing, we decided to conduct the workshops in a new format and still uphold the spirit of this beautiful festival.

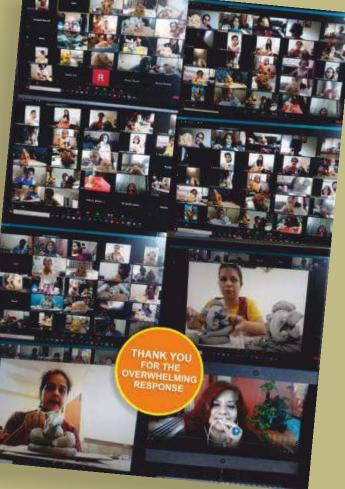
This year we conducted the Ganpati making workshop through digital platform like zoom and taught the participants the process of making Ganpati idols using the eco-friendly materials which were easily available, within the secured walls of their homes. This helped us to reach to many more participants and go beyond the geographical boundaries of Maharashtra and conduct multiple sessions. This mode of imparting trainings about Ganpati idol making helped us to encourage people to maintain social distancing and decrease the number of footfalls in the Ganpati idol selling shops and help us contain the spread of COVID-19. Additionally, we also imparted lessons on life skills like hygiene, sanitation and social distancing.

This year we conducted 10 online sessions and reached out 160 individuals









# Educational Workshops:

### Virtual Workshops Festival

Virtual Workshops Festival, a special capacity building programme, was curated after the lockdown. Efforts were directed towards keep the educators motivated during the lock down period when the education system was stunted. The sessions were specially designed to keep the educators abreast of the upcoming teaching trends, especially when education was slowly being migrated to the online medium. Sessions were uniquely crafted, understanding the current trends in education and were conducted by experts from the industry. Under this programme, Parisar Asha experts conducted sessions from 11th May to 16th May'20 imparting knowledge about numerous topics. This programme was curated in a very holistic manner. All the participants were awarded with certificates of participation.

We had more than 518 registrations for this workshop, which was a very successful event.



### **WOW**

17

### (Wednesday Online Workshop) Series

### A Capacity Building Certificate Program for Educators

This a specially curated capacity building certification programme which we started rolling out after receiving numerous feedbacks and requests from the education fraternity, regarding the same, for the upgradation of the educators during this pandemic outbreak. The focus is on imparting knowledge about emerging teaching trends, blended learning techniques, new teaching tools and techniques and other aspects of making classroom transactions effective and interactive, applicable for both physical and online classroom transactions.

These sessions are held on every Wednesday on various topics for a duration of 1.5 to 2hrs conducted by industry experts from the education fraternity.

We started rolling out these sessions from the month of September and till date, we have conducted 9 exclusive sessions on various topics and imparted training to more than 175 participants.



Mental Health & Wellness Initiatives Supported By Capgemini India

### **COVID-19** Helpline

Parisar Asha has been running a Positive Parenting & Child Helpline ( 1800532244/9594466461) toll-free helpline for parent, youths and students to provide them solutions for problems on scholastic, parenting, substance abuse, relationship issues, clinical stress and other mental health problems since 2017, with the support of it corporate partner Capgemini India. During the pandemic outbreak, we extended our toll-free Helpline for the COVID-19 relief work. We collaborated with many local NGOs and became a part of the Collective Action Group. We then started providing food and medical assistance to the affected people in different parts of India, like Tamil Nadu, Telengana and Mumbai. We also reached out to migrant labourers at Palghar. Through this initiative, we reached out to more than 2000 beneficiaries.



Mental Health & Wellness Initiatives Supported By Capgemini India

## Mental health and Wellness Sessions for Parents, Youths and Students

Over the years we have been conducting numerous workshops for parents, youths and children. Our team of psychologists and psychiatrist devised modules on Stress Management, Anger Management, Time Management, Substance Abuse and Digital addiction. We received an overwhelming response for this initiative of workshops as well.

As the world is currently struggling to deal with the COVID 19 pandemic, we realized that there is an increasing concern about mental health of people from all age groups suffering from anxiety because of various reasons such as career growth, job loss, loss of productivity because of work from home so we devised modules specifically for different age groups on parenting, manage stress, time, anger, anxiety, depression during this crisis. To arrest this situation, we switched to conducting workshops on these topics through online medium like Zoom and Facebook live. We have received an overwhelming response to this initiative because these workshop modules are specifically created keeping in mind the current crisis that the world is going through. We have also been receiving positive feedback as to how these workshops have helped people to battle their problems.



Mental Health & Wellness Initiatives Supported By Capgemini India

### **Ask the Expert Series**

We also started a special talk show called the EXPERT SERIES where we have been inviting experts from the world of mental health, who share their valuable insights about the issues such as anger, depression, how to handle relationship issues, how to overcome digital stress and many more. These talk shows are conducted online through Zoom and Social Media streaming, and are held every Thursday.



### Ask the Expert Series





zoom session

Facebook Live Session

ARTS INTEGRATION To reduce online stress

Dr. (Ms) Pawan Sudhir Professor Art Education Head, Department of Education in

#### Ask the Expert

Thursday 3rd SEPTEMBER 2020 Time: 6.00 pm - 7.00 pm



Ms. Aarati Savur

Ask the Expert Thursday

16th JULY 2020 Time: 6.00 pm - 7.00 pm





Facebook Live Session

HANDLING TEENAGE TENSIONS

Dr. Anjali Chhabria Psychiatrist, Psychotherapist



Ms. Aarati Savur

Ask

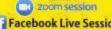
EXP

Thur 23rd JULY 2020 Time: 6.00 pm - 7.00 pm









Facebook Live Session



Coping with **Physical Disabilities** 



Ask the Expert

Thursday

9th July 2020

Ask the

Expert Thursday 2nd JULY 2020





MANAGING SOCIAL MEDIA STRESS

Dr. Mihir Parekh Psychologist and Special Educator



Ms. Aarati Savur









Time: 6.00 pm - 7.00 pm

SINGLE PARENTING





Facebook Live Session

HANDLING **EMOTIONS IN LIFE** 

Amitabh Mohan **Psychologist** Founder, HLS India



Ms. Aarati Savur CEO, Parisar Asha Educationist, Artist, Motivational speaker, Life Chach and Coursellor

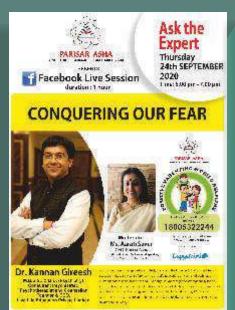
### Ask the Expert Thursday

10th SEPTEMBER 2020 Time: 6.00 pm - 7.00 pm





### Ask the Expert Series













Expert Monday 27th July 2020

Time: 5.00 pm - 6.00 pm





Mr. Rohan Bhat



Ms. Aarati Savur









Join our experts on a discussion of how to manage post pandemic leadership stress and become a leader who always inspires.



Million Caring Citizens Programme: Green Army Family initiative supported by Mahindra Lifespaces



Million Caring Citizens Programme is a school outreach program which focuses on inculcating sustainable and conservational practices among school children. These children are trained through this programme to become green ambassadors and spread the word of sustainability and conservation in their respective communities. The programme aims at creating 1 million caring citizens who will carry forward the baton of sustainable living in the future. In the current scenario, we have migrated to online medium to roll out this programme where we are not only reaching out to students but to the families as well, and are including them in this effort of creating global denizens practicing sustainable practices.



School Transformation Programme in Government School Supported by Tapidas And Tulsidas Vrajdas Charitable Trust

### Nityanand Marg MPS School

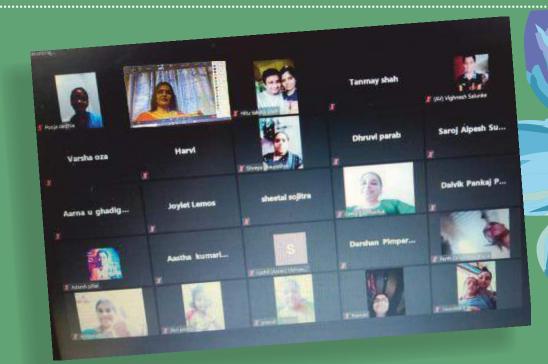
Parisar Asha took Nityanand Marg MPS, Koldongri under its wing in 2015 and started rolling out its Eco-tech World School Programme. Ever since then many corporates have generously supported this initiative. In the academic year 2019-2020 Tapidas And Tulsidas Vrajdas Charitable Trust extended its support to provide quality education to the underprivileged children of this school and joined Parisar Asha's mission of uplifting educational standards. The five year intervention has been phenomenal. We have been able to internalise Parisar Asha's unique pedagogy 'Environmental Studies Approach to Learning' (ESAL) in the mainstream curriculum. Children have displayed remarkable in their academic results. Teachers have successfully changed their techniques of classroom transactions to make the teaching and learning methods more effective. The outcomes have been extremely positive as the learning has become more joyful and the children are internalizing the lessons effectively. As a part of the programme, Parsiar Asha have also been conducting a lot of enrichment workshops for children on various topics on career choices, substance abuse, digital addiction, conservation, sustainability and stress management.



Reach:
444 Students
9 Teachers
1332
Family members

# Testimonials of Participants who attended these online workshops:

- 1. We got to know many things in this session such as how to handle mobile usage of children and how to make children responsible. Such sessions should be conducted more often.'
- Feedback from Nityanand School
- 2. Thanks to Parisar Asha for organizing such a wonderful workshop where it was very well explained as to what difficulties can a child come across and how can the parents and the teachers resolve them during this COVID times'
- Feedback from Shivdi Koliwada Estate
- 3. Two important things that were highlighted in the session were that a parent needs to be a child when they interact with them and children also need to understand their parents. It's only then it will solve problems and will give rise to a beautiful conversation. It was indeed an insightful session'- Feedback from Shankarwadi Municipal Schoolduring this crisis. To arrest this situation, we switched to conducting workshops on these topics through online medium like zoom and facebook live. We have received an overwhelming response to this initiative because these workshop modules are specifically created keeping in mind the current crisis that the world is going through. We have also been receiving positive feedbacks as to how these workshops have helped people to battle their problems.



### **Testimonials:**





"I want to congratulate Parisar Asha for the wonderful work they have done with the children and the educational fraternity during this pandemic times. PA worksheets helps the children to think, reason and express themselves and when the teachers review the work it is like going through very special individual student experience. So, these are much more than a worksheet and these worksheets helped the children to remain engaged in a fun way and learn in these very difficult times. The 'WOW' and 'Ask the Expert' webinars have been wonderful learning experience which had been arranged for the adults. We understand the daunting task of arranging such experts every week and presenting webinars on varied subjects and it has been a wonderful experience. All the topics were well researched and extremely relevant to the educational fraternity. We are thankful to Parisar Asha for extending their help in this COVID times and helping us in our efforts of continuing education."



Fr. Mathew Principal & Manager St. Mary's Malankara High School, Andheri

"During this lockdown period Parisar Asha's program has been an enhancement to the teaching -learning experience. With the technological challenges, Parisar Asha has helped us and the parents to be involved in the children's development process. They have helped us to conduct online classes, parenting sessions, train the teachers in making videos and worksheet support has been of an outstanding dedication. We appreciate Parisar Asha's exceptional achievements within a short span of time. Thank you for helping us to create a healthier community for the benefit of all."

### **Testimonials:**



Ms. Emie Dmello
Principal
Sir Jacob Sasson High School

"Parisar Asha has been working with us for the past 15 years. Parisar Asha's books are very comprehensive. They help parents and students because for parents the text books become too heavy. Teachers have been very benefitted by these text books because their planning time is reduced. Their program is very comprehensive and they help us in other fields like conducting teachers' training. They also help us in dealing with problems of children and their counselling centre is always at our aid. Parisar Asha has been very helpful to us in the COVID times and helped our teachers to migrate online and all said and done they are a family to us."



Mrs. Jennifer Pereira Headmistress St. Stanislaus High School

"We are happy to be associated with Parisar Asha over many years. This year during the pandemic, we faced many challenges, however, Parisar Asha has been able to be the bridge over these challenges. They have reached out to parents, teachers and children. There workshops were wonderful which they organised for children in speech & drama, elocution and art. The webinars organised for parents and teachers over many weeks were extremely beneficial where experts have spoken to us and helped us with strategies to counter the pandemic situation. The special Wednesday Online Workshops (WOW) organised for teachers have been very enriching and have worked as fantastic tools in sharpening their skills."

### **Testimonials:**



Adv. Sheela Nair Secretary & CEO Bharat Education Society, Kurla

"Parisar Asha believes in strengthening the foundation and that's the reason Parisar Asha is trying to mould the Pre-Primary section. Though 2020 has been a challenging year, still Parisar Asha has been successful in designing the workshops and webinars in providing handholding and empower the teachers and helping them sail through these difficult times and conduct the classes. Being able to use technology and connecting with the students is one thing but implementing them effectively and keeping the teachers motivated in continuing their teaching journey from their home is another thing and this is where Parisar Asha has helped us immensely during the pandemic. Parisar Asha has not only motivated the teachers and students but made the transition of work from home quite exciting during these challenging times. We thank Parisar Asha for all the support."



Mrs. Rajani Bhatti Principal Guru Nanak Mission High School, Andheri

"The pandemic created a lot of challenges for us to impart education to the students, especially the tiny tots. However, Parisar Asha's support and their worksheet books helped us a lot to mitigate these challenges and made learning very easy. We had distributed the books among the students and the teachers have been giving the instructions to the students through the medium of videos. Now the students are able to continue education with the support of their parents and teachers. Parisar Asha's support has helped us to sail through comfortably during this pandemic and I thank them for that."



### International Initiatives :



During this pandemic, the world looks like a global village, where all the global citizens are fighting unitedly, for the same cause. On the flip side, the entire world has become our oyster. We have made international array, especially in the UAE, with some of our initiatives. To start with we have been fortunate enough to receive support of some goodhearted Samaritans who have joined hands with Parisar Asha and are vigorously promoting Parisar Asha's initiative within cities like Dubai, Abu Dhabi and Bur Dubai.

We have curated two online initiatives under the UAE chapter called as the ISoulastic Programme. These initiatives are 'Soul Art Studio' and 'Theatre Saga'. These two online initiatives will focus on connecting with the soul to tap a child's hidden potential and provide them opportunities to develop as compassionate, creative, good communicators and critical thinkers.







# Awards **2020** :

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### Awards 2020 :



2020

## Awards 2020: Jai Mata 🔊 i × गुरु ब्रम्हा गुरु विष्णू, गुरुः देवो महेश्वरा । गुरु शाक्षात परब्रम्हा तस्मै श्री गुरुवे नमः ।। CERTIFICATE OF APPRECIATION This is to Portify that Ms. Aarati Savur has been awarded "JAGATGURU -SHRI KRISHNA SAMMAN - 2020" ·6246 in recognition of her Contribution to the Society Mr. Harish Sharma Ms. Anupama Dulani Mr. Danesh Kanagraj Mr. Baresh Birdhmani Our Associated Rartners illathon Seshree Lilashah SHASHI

## Media Coverages:

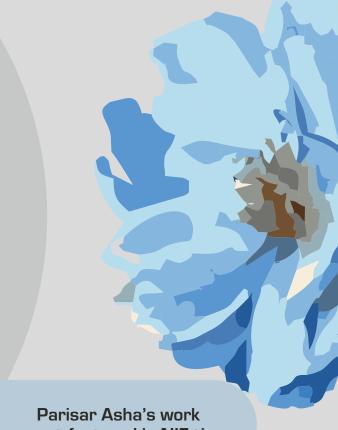


Parisar Asha, a center for educational research and training, is conducting a webinar on 'Assessment in the Digital Mode' on the 9th of September, for teachers of all boards.

The current situation of the world has left teachers and students frazzled, especially when it comes to examinations. While online means of assessment are new to most of the demographic, Aarati Savur, CEO of Parisar Asha, points out how even in normal circumstances the kind of assessment focuses on memory skills that narrow down on facts and figures, and a lot of areas remain untapped. She emphasizes the effect on students, parents, and teachers and during this

In the webinar, Dr. Sonali Geed, the Chief Academic Officer of TIPS Group of School, will shed light on the crux of assessment and how it can be adapted for online platforms, skill development, observation of students as well as all the possible issues that they might have to face and how they can navigate around them.

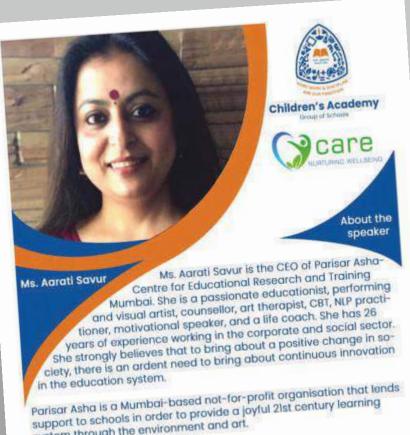
Parisar Asha also runs a mental health helpline, and the module is designed to cater to the stress and anxiety of students, and plan on introducing a series to address the online assessment issue.



got featured in NIE times

Parisar Asha's CEO Ms. Aarati Savur's Interview on **Ed Talks with Amitabh** 





system through the environment and art.





Ms. Aarati Savur invited as one of the Panellist for the Webinar On "Social Sector Challenges in Sustaining Online Education"

Ms. Aarati Savur conducted webinar on Positive Parenting for the Preschool Parents of Children's Academy



### Leaders Talk



Ms. Aarati Savur
was Invited on a Talk Show series
by Maati Boutique to discuss
'How Schools are
Preparing themselves
to face the new normal'.

Reopening of Schools Zoom Meeting 4pm tp 5pm 7th June

Ms. Aarati Savur's Interview in 'Hello Mumbai' news





Mumbai: Mumbai based NGO
'Parisar Asha' writes open
letter to Government of
Maharashtra Aarti Savur, CEO,
Parisar Asha says before
writing fate of "online
teaching" look into various
aspects of current situation Hello Mumbai News

Dear Decision-makers Before you write the fate of 'online teaching' for preschoolers please look into the various aspects of today's situation. Because of few schools who have abused children with to hellomumbainews.com



Ms. Aarati Savur was Invited for a virtual panel discussion organized by MILAAP and Ayushman

> Ms. Aarati Savur was Invited as a key note speaker for an interactive webinar organized by Adarsh Group of Institutes in collaboration with Parisar Asha



Aarati Savur



Back BFM REG October 2020.pdf



VIDEO INTERVIEW

## 'LEARNING IS FOR LIFE'

Aarati Savur CEO of Parisar Asha, Mumbai, Maharashtra, on managing through Covid and after

arisar Asha was founded in 1982 by Late Gloria D'Souza based on experiential learning and not for just passing examinations and scoring high marks. The intent was on life skills and happiness.

We need to work on value development and knowledge development among students, i joined Parisar Asha 26 years ago. Having worked for 10 years at Parisar Asha before moving to the cosporate world and finally coming back has been interesting but deep inside I feel what the founder felt.

Talking about the immense transformation in the education system, she pointed out that in spite of the government talking about digital education system for a long time, unfortunately many schools have smart classes but are able to utilize the infrastructure in the way it should.

The suitable way has to be a combination of teaching through teacher's involvement with students as teachers are irreplaceable in education system. The human interaction is essential for schooling. With technology usage teachers today are making a lot of effort to conduct classes over Zoom, Google meet etc. available facilities like never before.

Guiding students in their mental health, she said that uncertainty is a part of life. The best way to deal with this is learning to accept whatever comes in our way, adapt to the situation, appreciate things that you have, your family, your situation, to be happy and be positive and passionate to the things you do in life. Also learn to collaborate, do critical thinking and learn to communicate. And finally students need to have discipline in life, and this applies to the entire family because children learn by observing and it is important that families live in such a way that discipline gets ingrained in the child's life effortlessly.

Moving on to the role of teachers, she said teachers need to be passionate about their work and try to bring a holistic development in every child. However, regrettably every school in the country is not the same, be it public or private school. The attitude and environment is different from school to school. The said part of the present.



WATCH NOW

scenario is that parents also do not trust schools and send their children to tursion classes. Nonetheless, with the pandemic every reality is visible and what matters now is how we pick it up from here. Nevertheless, we need to have compassion, and training for teachers, because they build the future of the nation.

www.brainfeedimagazine.com [27] October 2020

ED-TECHNOLOGY

Ms. Aarati Savur was Interviewed by the Brainfeed Magazine





It took me four year to paint like Raphae but a lifetime to pair like a child

**PICASSO** Pablo Picasso **AWARD CEREMONY** 



**GUEST SPEAKER** 

AARATI SAVUR CEO Parisar Asha

Let's celebrate the artistic gems of child artists as Picasso imagined it.

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Catch Them Young: Excerpts



### AARATI SAVUR

Educationist & Life Coach, CEO (Parisar Asha- Centre for Educational Research & Training)

### CONTACT US:



9892912929



8377092147

reachout.hello@gmail.com

### Webinars:







#### EXPERT SESSION -1

Topic: The Green Schooling Delivered by:

Ms. Aarati Savur Ms. Brurn, M. Disning Arasing, Option of Typhology & Committing, Diploma in Historia (CEO, Parisar Asha, Mumbai.)

(CEO, Panisar Asha, Mumbai )

Ms. Arrott Saver is the CEO of Panisar Asha
Control for Educational Risearch and Training,
pensionate educationals, an artist, motivations
speaker, coursellor and a life coach. Panisar
Asha is a Mumbai based not for profit
organization since 1982, that supports school
provide jupit 21st century learning system
through the environment in art. She has a rich
experience of 26 years working in a corporate
and social sector. Ms. Savur done many feather
in her Electronic cap, she has been hampuned:
Jamanabal Bajaj Management institute with
Leadership award. Fertina world women: a
artherer award and many more.



21st April 2020



(Indian Standard Time)

### GoToMeeting

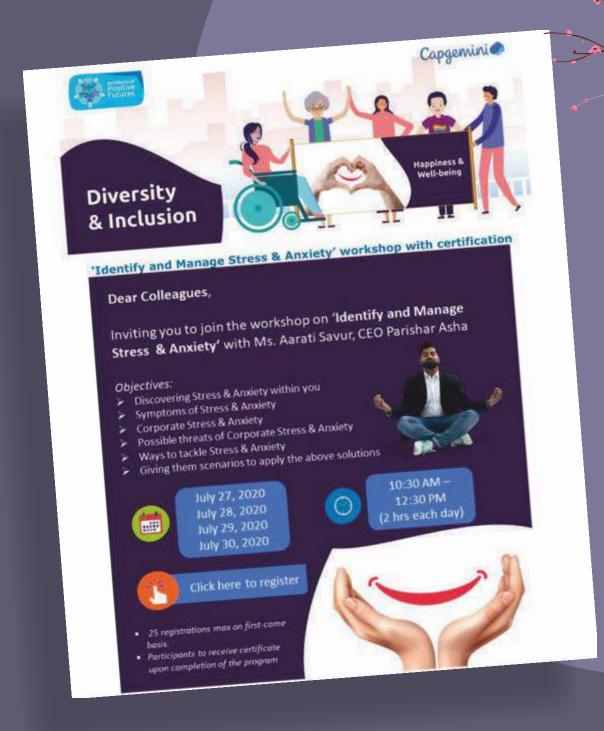
Please join us from your computer, tablet or smartphone https://www.gotomeet.me/Peevees Access Code: 703-211-221

> Meeting ID: 874 4099 0989 Passcode: 229072

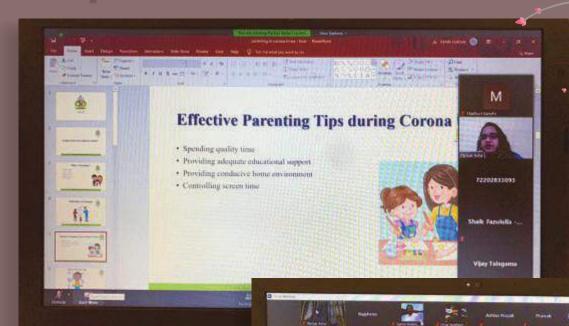




## Corporate Webinars:

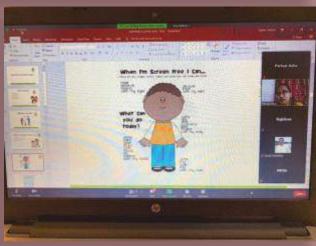


'Identify and manage Stress and Anxiety' for Capgemini, with Ms. Aarati Savur CEO, Parisar Asha Corporate Webinars:



Parenting in Corona Times for Wuerth India Pvt Ltd Mrs Madhuri Gandhi & Ms Ketaki Gokhale





### Covid relief initiative :

## कलेक्टिव ऍक्शन ग्रुप कोविड - १९ के साथ युद्ध







तेज़ बुखार



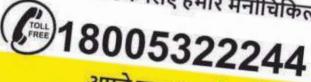
सूखी खाँसी



सांस लेने में कठिनाई



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